



Photo Credit: Global Links

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## **Bolivia: Project to Provide Menstrual Health and Education**

At the end of 2021, Global Links partnered with Days for Girls to send 1,550 feminine hygiene kits, which included reusable menstrual pads, underwear, washcloths, care and use instructions, a bag for washing and storing and a drawstring bag to hold all the components, to Bolivia. Days for Girls is a nonprofit that shares Global Link's values, and that works all over the world to increase access to menstrual care and education for women and girls. Learn about their work at [www.daysforgirls.org](http://www.daysforgirls.org)

Additionally, our International Medical Aid Consultant, Karina Zelaya, helped train the Bolivian health professionals from partner municipalities as part of the project, so that when health professionals return to their home community, they will be able to carry out menstrual care and education workshops while delivering the kits to their neighbors.

One of the women shared, *"They had never been interested in us, always the little help that comes is for the men or for work, like seeds and water, but never something as special as these Kits that benefit us and which will allow our daughters not to miss school..."*